



Seminar program 13 – 14 September 2025, Schiedam The Netherlands

Join Us for an Unforgettable Tang Soo Do Weekend!

We are thrilled to invite you to an extraordinary Tang Soo Do weekend on **September 13-14**, where you'll have the unique opportunity to train with two of the Traditional Global Tang Soo Do Association's Grandmasters: **KCN Klaus Trogemann** and **KCN John Dickinson**, both 8th Dan. This weekend is your chance to immerse yourself in the rich curriculum of the TGTSDA while connecting with martial artists from across the globe.

What to Expect¹

- **Start your morning with Ki Gong:** Experience this Korean art of movement and meditation, comparable to Tai Chi, designed to harmonize body and mind.
- **Fuel your body with a breakfast buffet** after the Ki Gong session.
- **Engage in multiple training sessions** each day, tailored to your rank, with each session lasting 30 minutes. After every 2-3 sessions, enjoy short or extended breaks.

Group I White till Green 10th - 6th gup	Group II Green-white - red-white 5th - 1st gup	Group III Cho dan bo / 1st dan	Group IV 2nd dan and above
1 Shin Yi Chang	Dae Ryun	Ji'in	Jip Pan Gi 1 - 10
2 Pyung Forms II - E	Sip Soo	Jip Pan Gi 1 - 10	Hyung Application
3 Hyung Application	Jip Pan Gi 1 - 5	Jin Do	Dae Ryun
4 Jip Pan Gi 1 - 5	Hyung Application	Dae Ryun	Bassai Sho
5 Dae Ryun	Pyung Forms Sam, Sah, Oh	Hyung Application	Ro Hai
6 Ho Sin Sul 1 - 15	Dan Gum 1 - 5	Jang Gum 1 - 10	Bong 1 - 15
7 Bong 1 - 10	Ho Sin Sul 16 - 30	Dan Gum 1 - 10	Jang Gum 1 - 10
8 Jang Gum 1 - 5	Bong 1 - 10	Advanced Ho Sin Sul 1 - 15	Dan Gum 1 - 10
9 Dan Gum 1 - 5	Jang Gum 1 - 5	Bong 1 - 15	Advanced Ho Sin Sul 1 - 15
10 Bong Hyung II Bu	Short Stick (Escrima)	Dan Gum Hyung E Bu	Pressure Points (Dim Mak)
11 Pressure Points (Dim Mak)	Bong Hyung E Bu	Short Stick (Escrima)	Dan Gum Hyung E Bu
12 Dan Gum Hyung II Bu	Pressure Points (Dim Mak)	Bong Hyung Sam Bu	Short Stick (Escrima)
13 Short Stick (Escrima)	Dan Gum Hyung II Bu	Pressure Points (Dim Mak)	Bong Hyung Sa Bu
14 Hand techniques 1 - 15	Take down 11 - 15	Falling 1 - 5 / Throws 1 - 5	Jang Gum Hyung E Bu
15 Foot techniques 1 - 15	Falling 1 - 5 / Throws 1 - 5	Take down 11 - 15	Ji Pangyi Hyung E Bu
16 Take down 11 - 15	Hand techniques 6 - 25	Jang Gum Hyung II Bu	Falling 1 - 5 / Throws 1 - 5
17 Falling 1 - 5 / Throws 1 - 5	Foot techniques 6 - 25	Ji Pangyi Hyung II Bu	Take down 11 - 15

Choose Your Group

You will train in one of four groups, ensuring sessions are suited to your level:

- **Group 1:** Gup ranks up to 6th Gup (White to Green belts).
- **Group 2:** Gup ranks 5th till 1st (Green-White to Red-White).
- **Group 3:** Cho Dan Bo and 1st Dans.
- **Group 4:** 2nd Dans and above, including Masters.

¹ Please note that clinic subjects and instructors are subject to last-minute adaptations. While we strive to follow the outlined program, unforeseen circumstances may require adjustments.



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In total, we have space for **approximately 130 participants**, so secure your spot early!

World-Class Instruction

Sessions will be led by both Grandmasters, as well as other TGTSDA Masters and top instructors from the Netherlands. From foundational techniques to advanced applications, every participant will find valuable takeaways to enhance their Tang Soo Do journey.

Relaxation and Entertainment

- **Friday Evening Meet & Greet:** On Friday evening, you'll have the opportunity to meet both Grandmasters and connect with other participants in the cozy lobby/bar of the Van der Valk Hotel. We'll also play a fun welcome game to help everyone get to know each other better.
- **Saturday Evening Sightseeing & Dinner:** Board a scenic dinner cruise to explore the iconic city of Rotterdam from the water. After the cruise, join us for a fun-filled pub quiz with fun prizes to be won!
- **Sunday Demonstration:** Wrap up the seminar with creative demos by each dojang (maximum 5 minutes per team). We warmly encourage you to team up with multiple participants from your dojang to create a collaborative and imaginative performance. Feel free to use costumes, music, and choreography to make your demo stand out!

Participation Fees

	Saturday	Sunday	Both Saturday and Sunday
Ki Gong	5,00	5,00	7,50
TSD seminars	17,50	17,50	25,00
Total	22,50	22,50	32,50
Breakfast buffet	7,50	7,50	15,00
Lunch buffet	12,50	12,50	25,00
Sightseeing diner	44,50		44,50
Drinking package Sightseeing	19,50	-	19,50
Total options	84,00	20,00	104,00
Total seminar / options	<u>106,50</u>	<u>42,50</u>	<u>136,50</u>



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Accommodation Options

You can stay at nearby hotels you are responsible for arranging your own bookings, for example via platforms like **Booking.com**. Below is a list of hotels in the area with their respective distances to the sports hall (Groenoord):

Hotel	Address	Walking Distance in minutes	Driving Time In minutes	Cost per Double Room (per night) Approx. in euro's
Novotel	Hargalaan 2, Schiedam	9	2	€82,00
Van der Valk Hotel	Hargalaan 6, Schiedam	16	3	€165,00
Bastion Hotel	Zwembaan 90, Vlaardingen	34	5	€73,00

Participants may choose to add breakfast at the hotel or join the optional **breakfast buffet** served in the sports hall after the Ki Gong sessions.

Event Location

All seminar sessions and activities will take place at **Sportshal Groenoord**, located at **Groenoordstraat, 3121 JP Schiedam**.

Registration

Don't miss out! **Register by January 31** using the attached [form](#) to secure your spot.

Whether you're a beginner or an advanced practitioner, this weekend promises a perfect blend of learning, camaraderie, and fun. Join us for an unforgettable experience that celebrates the art and spirit of Tang Soo Do!

Contact Information

If you have any questions or need additional information, feel free to contact **Master Richard Suijker** at rsuijker@ziggo.nl. He will be happy to assist you!

We look forward to seeing you there! **Tang Soo!**